



University of Northern Iowa

SPRING SEMESTER 2021 MID SEMESTER

THE CONTENTS OF THIS ISSUE:

Mid Semester Note - 1

Upcoming Events - 2 & 3

Center Services - 2

Women's History Month - 3

Sexual Assault Awareness - 4

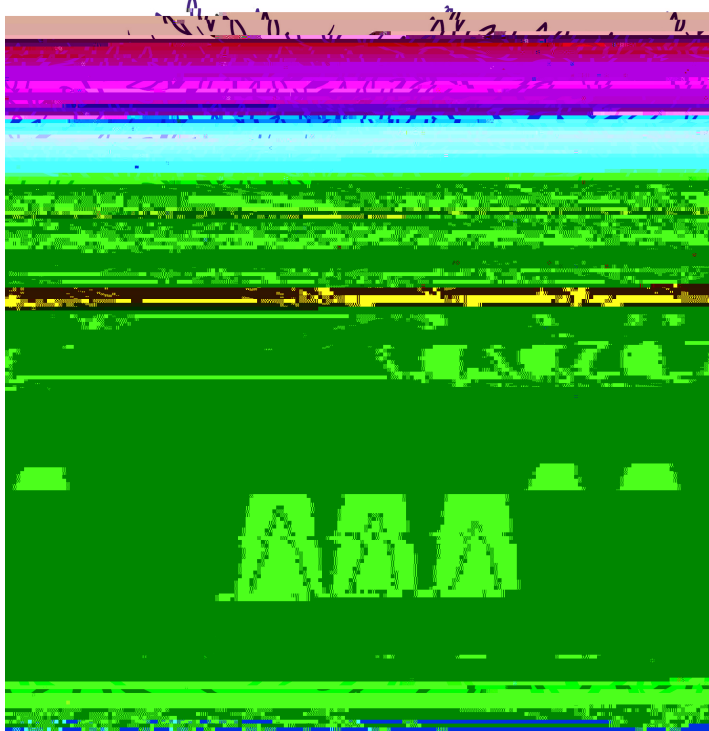
Community Resource Spotlight - 4

We hope mid-terms went well! Keep working hard! Spring Break is right around the corner.

We hope all of our students will continue to protect themselves and others from COVID-19 this semester. Please continue to social distance and wear a cloth face covering or mask to help reduce the spread of COVID-19. We would also like to remind students that various services are available on campus to assist in mitigating the adverse effects resulting from COVID-19. Student Counseling Services, University Case Management, The Pantry, and University Health Services are just a few of the resources that are available to students.

The Center for Women's Studies is open from 8:00am - 4:00pm Monday - Friday this spring. Please stop by! We also encourage you to participate in the events we have planned this semester. Check out our website for a list of events.

We wish you a successful close to the Spring 2021 semester.



Free Printing is available at the Center for Women's Studies. Do you need to **print a final exam**? Stop by!

A **Lactation Room** is available on a first come, first serve basis to mothers who are breastfeeding. The room loc



will consider submissions for next year's display.

Text by the Center for Women's Studies & Image by Anna Carden

March is Women's History Month. During the month of March, we pay tribute to the women and girls who have made outstanding contributions to American society, despite the gender inequality that has and continues to plague our nation.

At the University of North Alabama (UNA), the Women's Center displays the HERstory Project in Collier Library during the month of March. This exhibit, created by the UNA community, highlights the various achievements heroines of UNA students, faculty and staff have contributed to humanity. We encourage the UNA community to visit the display and consider submitting a brief biography of their heroine to womenscenter@una.edu.

International Women's Day also falls in March. This year, International Women's Day was March 8th. In an event co-sponsored by the Mitchell-West Center for Social Inclusion and Housing and Residence Life, UNA students were encouraged to think about the role they play in

achievements of

women's dream come true for women

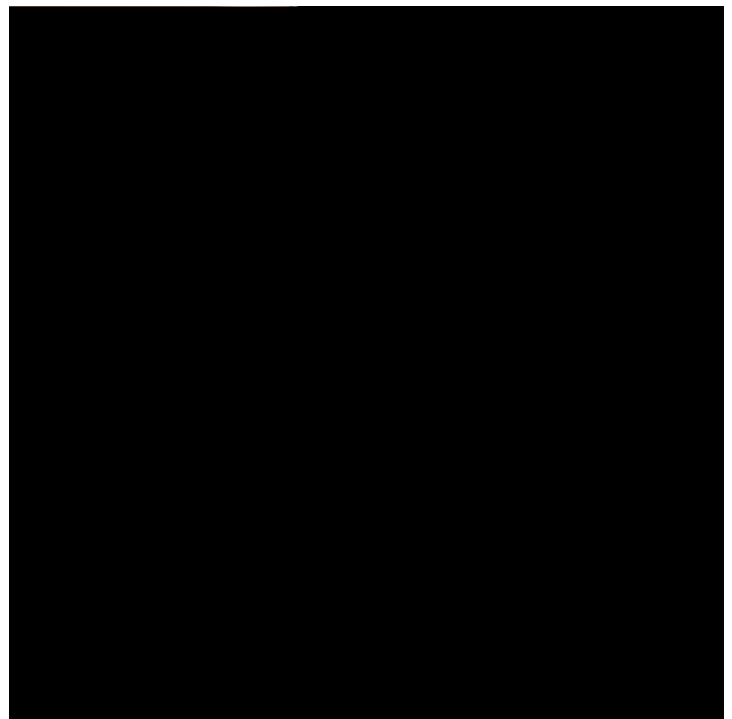
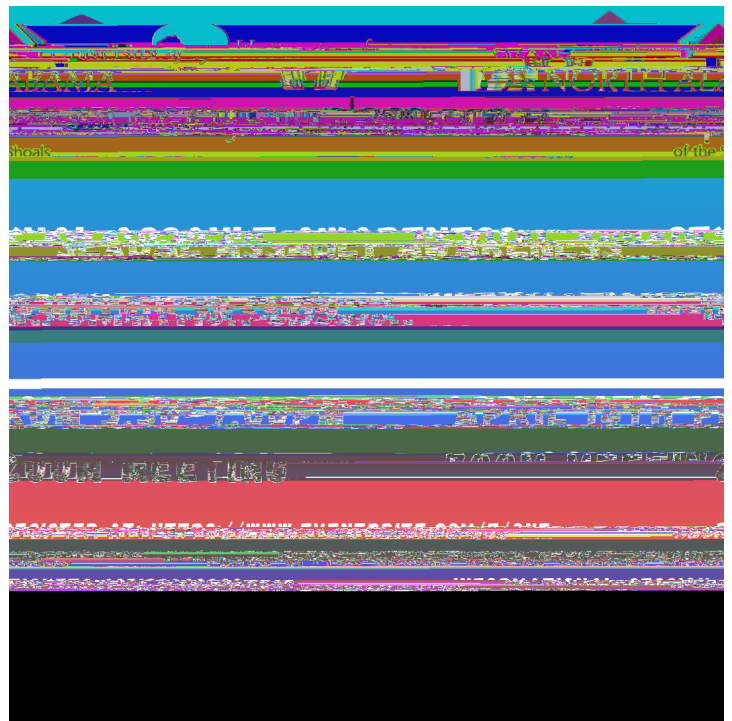
Text by the Center for Women's Studies & Image by the Center for Women's Studies

April is recognized as Sexual Assault Awareness Month. Sexual harassment, assault and abuse can happen to anyone at anytime. It is estimated that approximately one in four college women experience sexual assault or misconduct (National Sexual Violence Resource Center). We all have a role to play in preventing and responding to sexual assault.

This April, the Center for Women's Studies is sponsoring "These Hands Don't Hurt". This event aims to raise awareness about sexual assault and also provide life saving resources to victims of sexual assault. Please join us on April 13th and 14th at the GUC between 12:30 - 2:30pm to take the pledge that your hands will not hurt others.

The Center for Women's Studies is also sponsoring a Sexual Assault Awareness Information Session. The information session will be led by One Place of the Shoals, which provides crisis care services to victims of sexual assault. One Place of the Shoals Director, Donna Beck, Sexual Assault Nurse, Cindy Mashburn, Director of Victim Services, Deanna Tidwell and Chief Assistant District Attorney, Angie Hamilton will provide information about sexual assault and the services One Place of the Shoals offers, including opportunities for internships and volunteer services.

Do you need help now? Call One Place of the Shoals at: 256-284-7600. Or, call the National Sexual Assault Telephone Hotline at 800-656-HOPE (4673). If you are experiencing sexual harassment or assault you can also reach out the UNA's Office of Title IX at 256-765-4223.



Text by the Center for Women's Studies

What community resources do you use? Let us know! We would love to highlight community resources whose services can assist and educate the UNA community about issues that affect women. Email: womenscenter@una.edu